

Make it a Habit - Week 2

Last week we discussed the idea that if we are going to dare to be different, we have to have habits that help us live in a way that sets us apart.

Last week we discussed the habit of spending time with God. Spending time with God is not something that we can put into a box. Every moment is a holy moment because God is everywhere.

This week, our habit revolves around spending time with others. It is a fact that the people we hang out with will indeed influence our thoughts, our feelings, our emotions, our language and our actions.

When we look at Jesus, he made it a point to spend time with those outside of his inner circle. He spent time with the “least of these”, those that society deemed worthless. He also spent time in the temples, with the pharisees. There was no person that Jesus shied away from.

His inner circle, his 12 disciples, were made up of young men who were not good enough. The dropouts. The normal, nothing fancy about them type of guys. And then you get Matthew, a tax collector.

Jesus always came back to his people. He always came back to those who traveled with him. He always came back to those who helped keep him grounded.

This week as we navigate through this new habit we will be discussing with our students the importance of making sure “their people” are people who push them to be more like Christ. That is the goal after all...Christ-likeness.

If Jesus made it a habit to spend time with others, so should we. We should spend time with others for the purpose of sharing the Gospel, and for the purpose of growing to be more like Christ.

The three areas I will be asking our students to “show up” are.

1. Show up in your small group - church
2. Show up in your family - family
3. Show up in your community - neighborhood, school, extra-curricular activities

If our students can make it a habit to show up in these places with the purpose of living like Jesus they will see their friends ask questions and they will become more like Christ.

Small Group Questions

1. Who are your people? Who do you hang out with the most? Why are they your people?
2. When you are with your people, what do your conversations typically revolve around?
3. Do your conversations ever make you feel uncomfortable as a Christ follower? Why? Why not?
4. How often is Christ a topic of conversation within your people group? Are you ok with this answer?
5. Are your church group and school group different groups? Do you find yourself going through your moments with 2 different personas? You have a "school you" and a "church you"?
6. When was the last time that being with your people made you feel more alive as a Christ follower? Share here.