



GRIEF Resources

KEY SCRIPTURES

Psalm 6:7

Isaiah 53:4

Psalm 31:9

2 Corinthians 1:3-4

1 Thessalonians
4:13-18

1 Peter 5:7

Romans 8:28-29

Psalm 139:28

Psalm 34:18

Ecclesiastes 3:4



CROSSBRIDGE CHURCH
crossbridge.cc

Grief: Finding Hope Again

Paul David Tripp

In this booklet filled with compassion and biblical wisdom, Tripp shares how to think and what to do when death enters our door. He reminds us we have a Savior who knows our sorrows, hears our cries, and promises to one day wipe away all tears.

A Grace Disguised: How the Soul Grows through Loss

Jerry Sittser

Whether your suffering has come in the form of chronic illness, disability, divorce, unemployment, crushing disappointment, or the loss of someone you love, Sittser will help you put your thoughts into words in a way that will guide you deeper into your own healing process.

What Grieving People Wish You Knew About What Really Helps (and what really hurts).

Nancy Guthrie

In this helpful, straightforward and practical book, Guthrie provides the insight we need to confidently interact with grieving people. Drawing on the input of hundreds of grieving people, as well as her own experience, Nancy offers specifics on what to say and do and what to avoid. Tackling touchy topics like talking about heaven, navigating interactions on social media, and more, this book will equip readers to support those who are grieving with wisdom and love.

Emotionally Healthy Discipleship & Emotionally Healthy Spirituality

Peter Scazzero

These two books are so helpful in processing how to be emotionally healthy and spiritually mature. Both books have chapters on grief and loss that are similar but different enough to mention both books.

