



ANGER Resources

KEY SCRIPTURES

Ephesians 4:26

James 1:19

James 1:20

Ephesians 4:31

Ephesians 4:32

Proverbs 19:11

Matthew 5:22

Psalms 37:8

Proverbs 14:29

Ecclesiastes 7:9

Proverbs 29:11

Proverbs 16:32

Proverbs 15:18

Romans 12:19

Colossians 3:8

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Good and Angry

David Powlison

Powlison shows how the gospel redeems anger, irritation, complaining, and bitterness.

A Small Book About a Big Problem

Edward T. Welch

A 50-day devotional that unpacks anger and encourages readers to become more skillful at responding with patience to life's difficulties through faith in Jesus.

Uprooting Anger: Biblical Help for a Common Problem

Robert D. Jones

This book focuses on getting to the root of the anger in our hearts. It reveals how the Bible generates hope and help for all who struggle with anger.

Anger: Calming Your Heart

Robert D. Jones

This book is a 31 day devotional focusing on applying God's word to your anger.

